



## Thursday 9 May 2019

### Festival Theatre supported by Great Little Breaks

- 10.15 Highlights of the Day**  
James Alexander-Sinclair & Jamie Butterworth
- 10.45 Floral Thunder**  
Sarah Champier & guests
- 11.00 Gardening & Rock 'n' Roll**  
Jo Whiley
- 12.00 School Garden Awards**
- 13.00 Food For The Body & Sole**  
Raymond Blanc
- 14.00 An Audience with**  
Chris Beardshaw
- 15.00 Herbs for Good Health, Cooking & Growing**  
Barbara Wilkinson & Alys Fowler
- 16.00 Gardeners' Question Time**  
Chris Beardshaw, Jon Wheatley & Alys Fowler

### Grow & Cook Theatre supported by The campaign for a smarter Britain

- 10.45 Sensationally Seasonal**  
Mark Diacono
- 12.45 Fantastically Foraged: A Wild Spring into Summer**  
Liz Knight & Mark Diacono
- 13.45 Conserves from the Court**  
Simon Parker from Instone Court
- 14.45 A Good Life in Food**  
Raymond Blanc
- 15.45 Tea-time Treats: From the Hedgerow and Beyond**  
Mark Diacono and Liz Knight





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### **Eco, Green & Growing**

- 11.00**    **Designing to Encourage Wildlife**  
Jon Wheatley and Hannah Genders
- 13.00**    **Hedgerow Medicine – Using Plant to Heal Yourself**  
Rowan McOnegal
- 14.00**    **What is a Repair Café and How Does it Benefit your Community?**  
Jan Dyer
- 15.00**    **Chris Bearshaw in Conversation with Hannah Genders**

### **Plants & Wellbeing Theatre**

- 10.15**    **Passion for Houseplants Q&A**  
Reg Moule, Jon Wheatley & Louise Gill
- 11.00**    **Plants for Wellbeing**  
Chris Beardshaw
- 13.00**    **Planted with Passion**  
John Cunningham & Forest of Hearts Project
- 14.00**    **Herbs for Good Health**  
Alys Fowler & Barbara Wilkinson
- 15.00**    **Stress-free Gardening**  
Tamsin Westhorpe
- 16.00**    **Therapeutic Effects of Plants & Foliage**  
Jonathan Moseley

